Memorare

 RENEMBER, O most gracious Virgin Mary, That never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided.

Inspired with this confidence,

I fly to you, O virgin of virgins, my Mother; to you do I come,

before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions,

 but in your mercy hear and answer me. Amen.